

# LUNCH MENU

Mon – Sat 12.00 – 3:30pm

## Sandwiches | £8.50

Ready salted crisps & green salad

- ❖ Avocado & roasted pepper
- ❖ Ham & caramelised onion
- ❖ Cheese & Branston pickle
- ❖ Seafood salad
- ❖ Chicken Club (£1.50 supplement)

## Caesar Salad | £9

Cos lettuce, croutons & creamy dressing  
(Add chicken £2)

## Smoked Mackerel Pate Open Sandwich | £12

Mersea Barns mackerel pate, doorstop-cut sourdough toast,  
fennel dill & lemon salad

## Bacon & Cheddar Quiche | £11

Green salad & sundried tomatoes

## Goat's Cheese & Caramelised Onion Quiche | £11

green salad & sun-dried tomatoes

## Pasta Arrabiata | £10

Spicy tomato, garlic & red chilli pasta sauce, basil

## Bubble & Squeak | £11

Poached eggs, bacon on bubble & squeak

## Barns Ham, Egg, Hash Browns | £14

Mersea Barns smoked ham, double free-range fried eggs, hash browns

## Pulled Pork | £13

12-hour pulled pork with South Carolina barbeque sauce,  
naked slaw & crisps

## Chicken Tikka Masala | £14

Mild curry, golden basmati rice, onion & coriander salad  
(Ask for extra spice if preferred)

## Sides

Naked Slaw | £3.50

Buttered New Potatoes | £3.50

Green Salad | £3.50

## Kids

Sausage & Mash | £8

Chicken, New Potatoes, Carrots | £7.50

Tomato Spiced Pasta | £8

Ham, Egg & Hash Browns | £8

Kids Picnic Box | £5.50

Finger sandwich (ham, cheese, peanut butter or jam), crisps,  
cucumber, apple, juice carton, biscuit

FOOD ALLERGIES and INTOLERANCES

Please speak to our staff when making your order.